



Backcountry Skiing Checklist

EQUIPMENT & GEAR NEEDS

REGULAR MOUNTAIN GEAR

- Pack
- Layers
- Food
- Water
- Light

REGULAR SKI GEAR

- Skis
- Poles
- Boots
- Bindings
- Ski helmet

BACKCOUNTRY SKI GEAR

- Touring skis
- Touring bindings
- Touring boots
- Climbing skins
- Telescoping poles

SAFETY SKI GEAR

- Avalanche beacon
- Avalanche probe
- Avalanche shovel
- Boot crampons
- Ski crampons
- Ice axe or whippet

SKILL & KNOWLEDGE NEEDS

SKIING SKILLS NEEDED

- Ski front-country blue squares
- Handles black diamonds

ASCENT SKILLS NEEDED

- Using climbing skins
- Front- & rear-facing switchbacks
- Using ski crampons

OTHER SKILLS NEEDED

- Understanding of avalanches
- How to use boot crampons
- Perform a self arrest



Being guided is always an option. For more information, please see us online at <https://redlineguiding.com>